

Work with Patsy Catsos, MS, RDN

You are unique; your nutrition plan should be too!
Expert GI dietitian Patsy Catsos is accepting new clients like you.

Available services:

- One-on-one visits via videochat, as needed
- *IBS Intensive* package; includes up to 8 visits per month; extra support via "chat" between visits
- FODMAP supervision for registered dietitians

Patsy Catsos
MS, RDN, LD

PATSY CATSOS ADVANCED NUTRITION

Email patsy@ibsfree.net for more information



Nuts and bolts:

- Initial visits take place on Thursdays and Fridays; follow-ups may be available on other days.
- Services are not available in certain states due to licensing constraints.
- Payment is due on the date of service; I am out-of-network with insurances.
- Referrals are optional. You may ask your doctor to fax a clinical summary and test results to (866) 327-6528. I will send after-visit reports to your primary care doctor or specialist upon request.
- This is a telehealth practice. Visits take place via videochat or telephone. We use the HIPAA-compliant platform, Healthie.com.

Together, we'll do great things!

- Enjoy your best life, with fewer food-related GI symptoms
- Feel confident as you eat a more varied and nutritious diet
- Implement a solid nutrition plan for irritable bowel syndrome (IBS), Crohn's disease, ulcerative colitis, gastroparesis, GERD, celiac disease and/or other GI conditions
- Take your other medical conditions into account

www.ibsfree.net patsy@ibsfree.net